THE RESILIENT FOUNDATION

ANNUAL REPORT 2022-2024

COMBINED TWO-YEAR REPORT



https://resilientfoundation.org/

Palghar, Maharashtra

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SAARTHI AWARD

By FICCI, ADPC & Bill Melinda Gates Foundation at Bali Indonesia for Innovation in School Disaster Management





Message from the Co-Founder



YUGANDHARA KAJARE
Co-Founder,
The Resilient Foundation

Six years ago, we embarked on a mission to foster resilient communities, and today, we're amazed by how far we've come together. From humble beginnings to impactful initiatives, our journey has been remarkable. We began with a vision and a few training events, but through dedication and collaboration, we've evolved into an organization making a tangible difference in many lives.

As we celebrate this milestone, we extend our deepest gratitude to all who have believed in us, supported us, and contributed to our success. Your steadfast support fuels our passion and motivates us to pursue excellence.

Here's to six incredible years of resilience, growth, and impact – and to many more ahead. Together, we can create a world where communities thrive, even in adversity. Every contribution has mattered in reaching this milestone. We thank our mentors, coaches, staff, volunteers, donors, beneficiaries, and audience for their trust and support.

The years 2022-2024 were a period of introspection and redesign. We intentionally limited our on-ground activities to focus on strategizing and envisioning our future direction. This phase allowed us to refine our approach, strengthen our foundation, and prepare for impactful expansion in the coming years.

11,113
Total Reach of 2022-24

50% +
Female Participation

90% +
Participants was satisfactied about the learning



FOUNDATION OVERVIEW

VISION

To build a resilient sustainable society where communities are empowered with the knowledge and skills to effectively respond to emergencies & disasters, minimizing loss of life and property.

MISSION

To enhance community preparedness by providing comprehensive training in disaster management and emergency response. We strive to equip individuals with the necessary skills, foster a culture of proactive risk identification, and develop a network of first responders capable of mitigating the impact of disasters. Through education, collaboration, and capacity-building initiatives, we aim to create safer and more resilient communities.



ACTIVITIES 2022-2024

Over the past two years, we actively participated in and conducted various training programs, including a year-long initiative in 10 tribal residential schools in Palghar. Our total direct reach during 2022-2024 was 11,113 individuals, with an indirect impact on approximately 23,000 people. During this period, we had the privilege of training esteemed institutional employees from organizations such as SEBI and Vincular. Below are the details of each activity.

DISASTER RISK REDUCTION TRAINING GRAM PANCHAYAT

Total 227 Stakeholder including Sarpanch, Gram Sevak, Revenue officer, Forest officer and other participated in 10 trainings on disaster risk reduction and drafted the first disaster management plan of their gram panchayat.



DEMYSITFY DISASTER, PALGHAR



The "Demystify Disaster" program, launched in collaboration with the Watson Institute, brought together 30 youth from Palghar, Thane, Ratnagiri, and Raigad for an intensive 3-day residential training.

The program covered a wide range of topics, including disaster risk management, climate change, and emergency management. By the end of the training, 25 youth were equipped with the knowledge and skills to further share their learning with their communities, amplifying the impact of the program.

BLS TRAINING TO SEBI EMPLOYEES

We had the opportunity to train 120 employees of the Securities and Exchange Board of India (SEBI) across six different batches. The training focused on First Aid and Basic Life Support, covering essential skills such as Cardiopulmonary Resuscitation (CPR) and the use of an Automated External Defibrillator (AED). This program aimed to enhance emergency response capabilities among SEBI employees, equipping them with life-saving techniques.



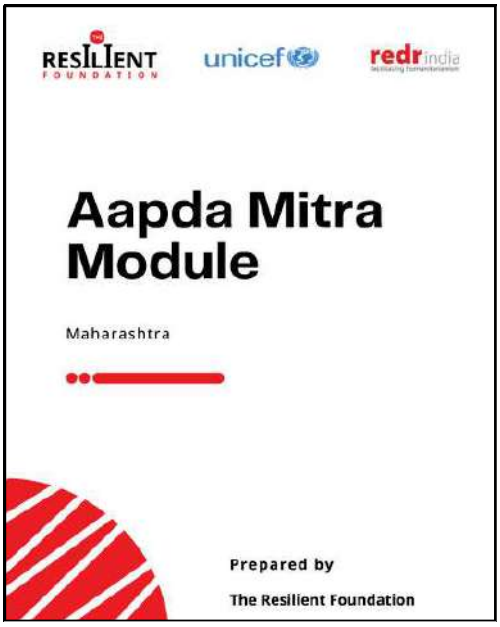
FIRST DISASTER MANAGEMENT TRAINING TO TRANSGENDER IN PALGHAR

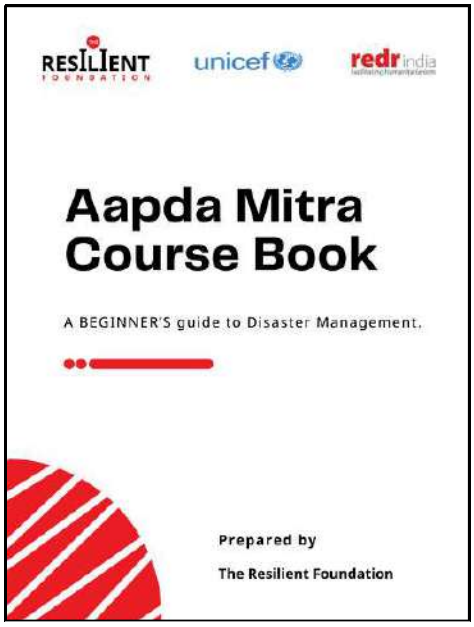


We had the privilege of training 35 transgender individuals in Palghar, making it one of the first initiatives of its kind in the country. This program focused on Basic Life Support (BLS), equipping participants with essential emergency response skills. Beyond training, it was a learning experience for us as well—we gained insight into the critical challenges faced by the transgender community and recognized their vulnerability in disaster situations. Despite these challenges, many individuals from the community are actively contributing to disaster management efforts, highlighting their resilience and commitment to social impact.

AAPDA MITRA, MAHARASHTRA







In 2022, we collaborated with the State Disaster Management Authority to develop a structured program schedule, which played a key role in conducting 250 residential 12-day camp across 20 districts of Maharashtra. These camps successfully trained 8,000 volunteers as Aapda Mitra and Aapda Sakhi, strengthening community-based disaster response.

Additionally, with support from UNICEF and RedR, we designed a comprehensive coursebook and training modules aligned with the latest standards. This initiative ensured uniformity across all training programs, enhancing the effectiveness and consistency of disaster preparedness efforts.

Furthermore, we conducted a Training of Trainers (ToT) program in Ratnagiri for Aapda Mitra trainers, in collaboration with RedR India, UNICEF, and DDDMA Ratnagiri. A total of 65 participants took part in this five-day residential program, equipping them with the knowledge and skills to further train volunteers in their communities.

सुरक्षित शिक्षा अभियान
SCHOOL SAFETY INITIATIVE



Surakshit Shiksha Abhiyan is our flagship school safety program aimed at enhancing disaster preparedness in educational institutions. In 2022-23 and 2023-24, we collaborated with the Integrated Tribal Development Projects (ITDP), Government of Maharashtra, to implement this initiative in 10 tribal residential ashram schools.

Under this program, we trained 50 students per school, equipping them with emergency management skills and forming dedicated school task forces. These students played a key role in conducting Hazard, Risk, and Vulnerability Assessments (HRVA), contributing to the development of comprehensive School Disaster Management Plans (SDMPs).

To ensure a whole-school approach, we engaged the broader student community through morning assembly sessions, interactive awareness programs, and year-round mock drills with simulated emergency scenarios. Additionally, we conducted teacher training programs to build their capacity in disaster risk reduction and emergency response.

Through this initiative, we have impacted 8,000 students and 50 teachers, fostering a culture of preparedness and resilience. Our commitment continues as we strive to make schools safer for the future nation-builders of India.

HIGHLIGHTS OF SCHOOL SAFETY PROGRAM





From Left: Village Risk Map, Morning Assembly & Simulation Exercise on 26th Jan









Various Task undertaken under school Safety are:

1. **School Safety competition**
2. **Teacher Training**
3. **Mock Drills and Simulation exercise**
4. **Assignments related to students**

HIGHLIGHTS OF OTHER PROGRAM



Government Employees training at Tehsildar officer



BLS & First Aid Program with First year Medical Students



Emergency Preparedness Workshop with Gandhi Fellows Palghar



Meeting with School Principal and Teachers on School Safety



Training with Panchayat Women Leaders in Palghar

PARTICIPATION AND APPRECIATION



Awarded by IAS Sanjita Mahapatra, Former PO ITDP & Assistant Collector Palghar



Community Service Award by 10 Villages served during Nisarg Cyclone Kunbi Seva Sangh, Raigad



Participation on Maha-Peconet Training Program Pune



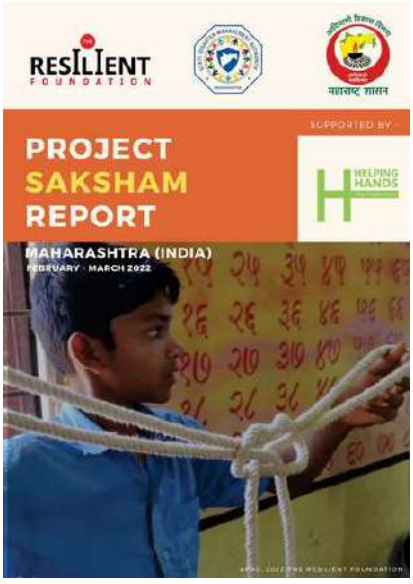
Appreciation by School Principal for our school Safety Initiative

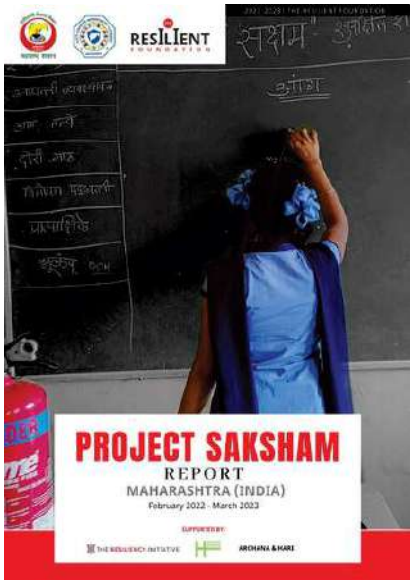
PUBLICATION AND REPORTS



Flood Safety Guideline in English, Marathi and Hindi

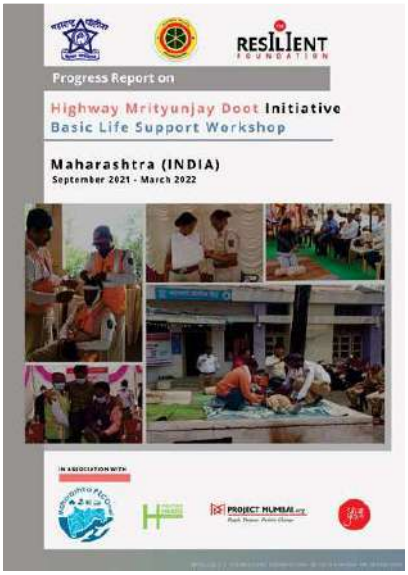
School Safety Project Report





School Safety Project Report

BLS Training to Highway Traffic Police





Village Disaster Management Plan Training Report

IMPACT STORIES

Khushboo's Quick Thinking Saves a Life

On February 15, 2024, Khushboo Rai, a volunteer with The Resilient Foundation and Civil Defense, saw an unconscious elderly woman at Churchgate Station. While others hesitated, she took charge—calling emergency services (112), repositioning the woman, and coordinating help. As the situation worsened, Khushboo performed CPR, reviving the woman. Her training and swift action turned a crisis into a life saved, proving that preparedness empowers action in critical moments.





Quick Thinking Prevents Fire

On March 25, 2024, in Guwahati. Sushil Dhangar, a TRF and Gandhi Fellow, witnessed a severe motorcycle accident. He immediately rushed in, called for an ambulance, and flagged one down for faster medical aid. Using handkerchiefs from bystanders, he provided first aid and controlled bleeding until help arrived. His quick thinking and bravery proved that preparedness can be life-saving in critical moments.

Selfless Volunteer Saves a Life

On April 10th, 18-year-old NSS volunteer Tanmayi Patil returned home to find a fire in her neighbor's apartment. Using her disaster preparedness training, she stopped them from using water on an electrical fire and swiftly extinguished the flames with a fire extinguisher.
Her quick response prevented major damage and ensured everyone's safety, proving that preparedness can be life-saving in an emergency.



FROM SUPPORTERS DESK...

"How many of us know what should be our first response when we witness/are a part of an accident or a natural disaster? Empowering students, police personnel and civil society with this very critical yet often unaddressed need through, well-designed experiential workshops,
The Resilient Foundation saves precious lives each year. I extend my best wishes to the team for this important work to reach several more geographies in the near future"

Sanyukta Gupta,
Co-Lead, Catalyst 2030



"Quite delighted to see Resilient Foundation's awards and projects. Learning materials is beautifully crafted. Very good activities. The name is enough to understand your passion and concern for the society. School safety is paramount important activity to be taken widely across the state, they must be engaged in understanding risks and need to seek their inputs of best suited indigenous knowledge and traditional practices . Success stories be made on you tube channel"

Appreciation from Mr. Appaso Dhulaj,
Former Director, State Disaster Management Authority

CORE TEAM

THE AWESOME PEOPLE BEHIND THE MISSION



BHUPENDRA MISHRA
CO- FOUNDER



YUGANDHRA KAJARE
CO-FOUNDER, EDUCATOR



EKTA CHHEDA
LEAD- HR & SOCIAL MEDIA



NILESH BAIRAGI
LEAD TRAINER AND
PROGRAM COORDINATOR



KRUTIK DHAMANKAR
LEAD TRAINER



SIDDHESH
TRAINING COORDINATOR



PREETAM SINGH
CONSULTANT



DEEPALI PATIL
CONSULTANT



POONAM DALVI
CONSULTANT



ACKNOWLEDGMENT

Andrea Davis
Founder, President & CEO
The Resiliency Initiative

We extend our deepest gratitude to Andrea Davis for her unwavering support for The Resilient Foundation. Her encouragement came at pivotal moments, enabling us to stand stronger and expand our impact.

We are also profoundly thankful to The Resiliency Initiative team for their trust and belief in our mission. Their support has been instrumental in our journey toward building safer, more prepared communities.

Our Supporters









































CONTACT US



THE RESILIENT FOUNDATION

+91 7620986180

info@resilientfoundation.org
yugandhara@resilientfoundation.org

https://resilientfoundation.org/

Address/
D-05, Tanishk Society, Vangaon
West Palghar, Maharashtra 401 103